



For Immediate Release  
March 5, 2007

**“MCA Announces Personnel Changes and Promotion”**

Director of Human Resources Tina Scott announced several personnel changes throughout the company.

**Illarion Gopadze** joins the Safety Department as the Eastern Region Field Auditor/Trainer reporting to National Director of Safety, Brad Penneau. He will assume risk management, safety, and regulatory compliance responsibilities for the Eastern Region locations, including Atlanta, Bradford, Cincinnati, Greensboro, Harrisburg and Jacksonville. He brings over 15 years of risk management, safety training, and regulatory compliance experience to MCA. His previous safety management experience includes time with Republic Waste Services of Greensboro, North Carolina; Industrial Transport of Cleveland, Ohio and National Waste Services of Chicago, Illinois.

**Chris Flashel** has been promoted to Driver Supervisor of the Harrisburg terminal. He has been with MCA since June 2003 and has 25 years of transportation experience, 20 of which are at the supervisory level. He has been instrumental in the restructuring of the Harrisburg terminal and Terminal Manager Jeff Prowell looks forward to additional contributions from Chris.

**John Arnold** comes to MCA as Cincinnati Terminal Manager after the retirement of Sue DeSerisy. He has a number of years of transportation experience and has demonstrated his management skills with FedEx, Aramark, Frito-Lay, Roadway Express and Central Transport. John also holds an MBA in Business Operations from Dominican

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University in Illinois. We expect great things from John and look forward to the positive impact he will have on the Cincinnati operation.

Congratulations and welcome aboard to all these MCA employees. We're anticipating great things from you.

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